

Author, patient-expert offers hope for Lupus sufferers

According to the Lupus Foundation of America approximately three out of every 10 American adults knows someone with Lupus, a rheumatological autoimmune disease that causes the immune system to attack the body's own connective tissues.

Lupus affects an estimated 1.5 million people in the U.S. and yet remains

one of the most difficult conditions to identify and diagnose.

"About nine or 10 years ago, I started to become quite ill," states Nancy C. Hanger, author of *The First Year: Lupus. An Essential Guide for the Newly Diagnosed* (Marlowe & Company, 2003).

"Since then, I have been diagnosed,

undiagnosed and rediagnosed. Lupus is like that; it's a frustrating disease to live with."

CBS News reported last year that approximately 90% of people with Lupus are female, and the disease is more common in blacks than whites.

Symptoms usually start between the ages of 20 and 45.

Early in the disease, a person may have one or many symptoms including fatigue, fever, nausea, weight loss, muscle and joint aches, a red scaly rash on the nose and cheeks, and sun sensitivity, as well as a lowered red blood cell count (anemia) or other blood abnormalities.

Other organs, including the lungs, liver and kidneys, can be affected, and women may have an increased chance of miscarriage.

Since her diagnosis with lupus-related syndromes, Hanger has educated herself on every aspect of her condition.

As a "patient-expert," Hanger guides those newly diagnosed, step-by-step through their first year with Lupus.

The First Year: Lupus covers essential medical, therapeutic, lifestyle and coping methods for Lupus patients... the newly diagnosed, those who have been living with Lupus for years, and those who care for Lupus patients.

In her book, Hanger encourages those diagnosed with Lupus to "think about the future and remember that you are still in charge of your life."

"Having a chronic disease is not the same thing as having a fatal disease. You have a future and you need to start planning for it-with Lupus."

For more information on Nancy C. Hanger, please visit www.windhaven.com/lupus.

Her book is available at most major bookstores.



Eat real good!

Seven heads are better than one. That's what the Thomas group thinks, anyway. They are again donating their gourmet dinner for eight. Ready to prepare your meal are, from left, Julia (Thomas) Pardue, Robin Thomas, Jim and Jean Wiese, Elfe Thomas, Russell Thomas and Larry Morales.

Photo Courtesy of Elfe Thomas

ELPA raffle tickets still on sale

Eagle Lake Preservation Alliance Inc. (ELPA) still has raffle tickets available for the drawing Saturday.

The drawing, featuring donations from many area merchants, will be held at 113 E. Main this Saturday, Oct. 18, at 10 a.m.

Proceeds from this fundraiser benefit the continuing effort of ELPA to preserve and restore structures in Eagle Lake and the surrounding area. This year's focus will be the restoration of a small commercial building, located at 310 E. Main St. in Eagle Lake, which was donated to ELPA by Bill Kell.

This building is a remnant of what was once a part of Eagle Lake's first commercial building wave. These wooden front, metal buildings were often leveled and replaced with the brick buildings so evident in our downtown area today.

Dick Ryan, the original Main Street Architect to visit Eagle Lake, admired this little wood-front, iron structure, declaring it to be one of his favorite kind of buildings.

We are fortunate to be able to help preserve this significant part of our City's past.

Preliminary research has revealed some interesting information on the structure. Johanna Payne Jones provided us with insight into its past, gathered through an interview with her mother, Mrs. Johnnie Balas Payne. The Balas Meat Market, owned by Louis and Louisa Balas, was located in the lower floor of the Frazar Opera House until a fire consumed the building.

When the building was rebuilt, the meat market once again occupied the same spot when Mrs. Balas was left a widow. The meat market was closed and later reopened by Mrs. Louisa Balas in our little building at 310 E. Main St.

The rent was more affordable for the business that featured a lunch counter as well as a meat market.

Tickets for the raffle are available

from any ELPA member, Pat Matula at the First National Bank or Mary Ann Kaluza at Baumgart Agencies. You also may call 234-6848.

We are looking forward to receiving information and anecdotes from other Eagle Lake residents concerning this building.

If you have any stories or information please contact us at 979-234-6848 or www.elpa.org using the e-mail address provided there.

U.S., Chile trade lauded by Farm Bureau

President Bush signed a free trade agreement with Chile Sept. 3, the first ever between the U.S. and a South American country.

"We believe the agreement with Chile will increase bilateral trade in agricultural goods between our two countries," said Charles Harbich, president of the Colorado County Farm Bureau (CCFB). It will also ensure that we, as producers, are on equal footing with the major competitors in Chile.

The agreement establishes useful precedents, such as longer tariff phase-outs for import-sensitive U.S. commodities, and language to prevent the circumvention of U.S. quotas by third countries.

There are import barriers on both sides, and the American Farm Bureau wants the Administration to seek a resolution of the problems before Congress implements the agreement.

The value of U.S. agricultural exports to Chile in 2002 was \$111 million, with the top export of corn producing \$20 million. In addition, wheat, rice and cotton are exported to Chile.

The value of U.S. import from Chile in 2002 was \$1.154 billion, with the top import of grapes accounting for \$439 million.

Other imports from Chile are wine, seeds and avocados.

HERITAGE HOUSE NEWS

Heritage House residents traveled to Louisiana, Tuesday, Oct. 7, for a day out.

Custodian Stanley Howard served as driver for the day. Employees Claudia Crume and Melody Morgan and Activity Director Linda Tillman also enjoyed the trip.

Residents said they would like to go back to Louisiana very soon.

Tillman said lots of activities are planned for the month of Oct.

Why not call and see if you can help out as a volunteer? Your help would be appreciated.

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OBITUARIES

Edna Mae Ashton

March 18, 1929 – October 10, 2003

Edna Mae Ashton, 74, of Elm Grove, passed away Friday, October 10, 2003 at her home.

She was born March 18, 1929 in Wharton to Earley and Faye Kyles Gillis. Survivors include her sister, Ora Lee Lemons of Eagle Lake; a brother, Edmon Gillis of Eagle Lake; and a host of other relatives and friends.

Funeral services are scheduled for 2 p.m. Saturday, October 18, from Gooden-Hatton Funeral Home Chapel in Wharton with Rev. T. Scott officiating. Burial will follow in Sandridge Cemetery.

Arrangements are under the direction of Gooden-Hatton Funeral Home in Wharton.

Visitation will be Friday, October 17, from 6 to 9 p.m. Friends may call after 1 p.m. Friday.

Sympathy is extended to the family in their loss.

Delta Wied Mendell

December 20, 1908 – October 10, 2003

Delta Wied Mendell, 94, of Garwood, passed away Friday, October 10, 2003. She was born December 20, 1908 in Vox Populi, the daughter of Adolph Fredrick and Louisa Georg Wied.

She married Joe John Mendell and was a homemaker, member of the Wesleyan Service Guild, Methodist WSCS and Lehrner Memorial United Methodist Church of Garwood and past member of Garwood PTA.

Preceded in death by her parents; husband; infant twin sister, Nelda Wied; and brothers, Walter and Johnnie Wied; survivors include her daughters and sons-in-law, Lorene and M.G. Lanier of Garwood and Carol and Chester Rasmussen of Wharton; sister, Ella Mae Malek of Houston; brothers, Eldon Wied of Garwood and Albert Wied of El Campo; five grandchildren; and six great-grandchildren.

Funeral services were held at 3 p.m. Sunday, October 12, from Triska Funeral Home with Rev. David King officiating.

Interment followed in Oaklawn Memorial Park.

Arrangements were under the direction of Triska Funeral Home in El Campo. Pallbearers were Terry and Michael Lanier; Chris Rasmussen; Wes Cook and Mark and Larry Wied.

Honorary pallbearers were Leo Malek Jr., Johnnie Wied and Drs. James Tran and Fernando Salazar.

The family requests memorial contributions be made to Garwood Volunteer Fire Department, Veteran's Memorial Library in Garwood, or the Lehrner Memorial United Methodist Church Fund.

Sympathy is extended to the family in their loss.

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Rice Medical Center Employee Volunteers 8th Annual Harvest Ball

Honoring

Fred R. Frnka

Saturday, October 18, 2003

at the Eagle Lake Community Center



Social hour 6:00 to 7:00 p.m.

Dinner served 7:00 p.m.

Salute to Mr. Frnka 7:30 p.m.

Dancing 8:30 p.m. to 12:30 a.m.



Tickets may be purchased at Rice Medical Center or Rice Medical Associates for \$50.00 per couple

ANNOUNCING NEW ARRIVALS



Leila Isabell Davila

Lucio and Nelva Davila of Eagle Lake are pleased to announce the birth of their third child, a daughter, born at 10:35 p.m. October 2, 2003 at Columbus Community Hospital.

Leila Isabell weighed seven pounds, eight ounces and measured 19-1/2 inches at birth.

She was welcomed home by her big brothers, Lucio Jr., age five; and Ezekiel, three.

Maternal grandparents are Pedro and Maria Dela Garza of Eagle Lake. Paternal grandparents are Juana Maria Davila of Linares Nuevo Leon, Mexico and the late Jaime Davila.

Leila's great-grandmother is Guadalupe Sanchez, formerly of San Antonio.

Kirby Loraine Marik

Tommy and Leslie Marik are pleased to announce the birth of their daughter, Kirby Loraine. Kirby was born at 1:17 p.m. September 27, 2003, weighing five pounds, eight ounces.

Paternal grandparents are Jimmy and Joyce Marik of Bellville.

Maternal grandparents are Sam and Wanda Center of Llano.

Paternal great-grandparents are Rosalyn Marik of Bellville and the late C.J. Marik and Kirby and Toots Klump of Cat Springs.

Maternal great-grandparents are the late M.J. and Laura Huffman of Bellville, T.J. and Doris Smith of Independence, Missouri, and the late Loraine Smith.

Attend the Church of Your Choice...

EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.

GREAT RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.

GREAT UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.

MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. Paul Barrow Sr., Pastor; 234-5813.

LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.

BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.

ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.

LATIN-AMERICAN ASSEMBLY OF GOD (Bethlehem of Judea Church): 1000 East E. Eagle Lake; Ruth Olvera, Pastor.

SEALY ASSEMBLY OF GOD: 1140 Meyer, Sealy; Warren Richardson, Pastor.

THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.

GREAT NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.

EAST BERNARD FIRST BAPTIST FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Chris Thacker, Pastor; 234-2571.

FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.

IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.

GREAT MT. OLIVE BAPTIST: Rev. Thomas Kuykendall; 705 Lake, Eagle Lake; 234-3545.

WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.

PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.

CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.

ROCK ISLAND BAPTIST: Bob Allison, Pastor.

SHERIDAN FIRST BAPTIST: FM 2437; Rev. Mack Helms, Pastor; 234-3136.

WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.

NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.

CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.

HOLY CROSS CATHOLIC CHURCH: East Bernard.

CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English), Rev. Eddie Winkler, P.O. Box 307; 234-2842.

ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Rev. Joseph Koebel; 758-3218.

GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.

LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.

LISSIE UNITED METHODIST: Bill Ramsey, Pastor; 234-2112, Lissie.

ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.

UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.

FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.

VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.

CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.

THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.

CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.

THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.

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